

food quarter Co-op Academy Penny Oaks



W/C 17th Apr, 8th May, 19th Jun, 10th Jul, 11th Sep, 2nd Oct



WEEK 1

	MON	TUES	WED	THUR	FRI
MAINS	Arrabiata Pasta Cheese & Broccoli Quiche	Cheese & Tomato Pizza	Ravioli Hotpot Vegetable Biryani	Halal Chicken Masala Currito Cheese Pasta Bake	Halal Chicken Goujons Vegetable Samosa
SIDES	Crusty Bread New Potatoes Assorted Individual Salads	Dry Roast Jacket Potato Wedges Baked Beans Coleslaw	Crusty Bread Naan Bread Seasonal Vegetables Assorted Individual Salads	Garlic Bread Assorted Individual Salads Coleslaw	Chips Seasonal Vegetable Mushy Peas
OTHER OPTIONS	Assorted Jacket Potatoes Assorted Panini	Assorted Jacket Potatoes Assorted Sandwiches	Assorted Jacket Potatoes Assorted Panini Assorted Sandwiches	Assorted Sandwiches	Assorted Jacket Potatoes Assorted Panini Assorted Sandwiches
DESSERTS	Jam Sponge Fruit Jelly Freshly Prepared Fruit	Chocolate Sponge Fruit Jelly Freshly Prepared Fruit	Rice Pudding Fruit Jelly Freshly Prepared Fruit	Vanilla Ice Cream Tub & Strawberry Sauce Freshly Prepared Fruit	Date Crispy Crunch Freshly Prepared Fruit

Suitable for...









For full allergen & nutritional information head to

https://schoolmeals.bradford.gov.uk

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MENI



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WEEK 2



W/C 24th Apr, 15th May, 5th Jun, 26th Jun, 17th Jul, 18th Sept, 9th Oct

MAINS



\\ Halal Chicken & Spinach Cheese & Onion Pasty

TUES

WED

Malal Keema Pilau

Soya Mince Cottage Pie

🌈 Cheese & Tomato Pizza

THUR

Vegetable Roll

Fish Fingers Salmon Fish Cake

Vegetable Dippers

FRI

SIDES

Garlic Bread

Vegetable Biryani

Naan Bread

Assorted Individual Salads

Colesiaw

Pilau Rice

New Potatoes

Assorted Individual Salads

Seasonal Vegetables

Naan Bread

Dry Roast Potatoes

Yorkshire Pudding

Assorted Individual Salads

Seasonal Vegetables

(A) Chips

Baked Beans

Assorted Individual Salads

Herby Potatoes

Crusty Bread

Seasonal Vegetables

Assorted Individual Salads

OTHER **OPTIONS**

Assorted Jacket Potatoes Assorted Panini Assorted Sandwiches

Assorted Jacket Potatoes Assorted Panini

Assorted Sandwiches

Assorted Jacket Potatoes

Assorted Panini

Assorted Sandwiches

Assorted Jacket Potatoes Assorted Panini

Assorted Sandwiches

Assorted Jacket Potatoes

Assorted Panini

Assorted Sandwiches

DESSERTS

Freshly Prepared Fruit

Fruit Jelly

Date Crispy Crunch

Fruit Jelly

Freshly Prepared Fruit

🥖 Volcano Buns

Freshly Prepared Fruit

Fruit Jelly

Marble Sponge

Freshly Prepared Fruit

Fruit Jelly

Butterfly Buns

Freshly Prepared Fruit

Suitable for...





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MENI



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WEEK 3



W/C 1st May, 22nd May, 12th Jun, 3rd Jul, 24th Jul, 4th Sept, 25th Sept, 16th Oct

MON

TUES

WED

THUR

FRI

MAINS

- Cheese & Tomato Pizza
- **Halal Chicken Roll**
- Aloo Sabzi Roll

- Halal Chicken Masala Currito
- 🚺 Vegetarian Chilli & Nachos
- Halal Chicken Tikka Masala
- **Italian Tomato Pasta**
- Cheese & Onion Flan
- Garlic Vegetable Noodles

Fish Fingers

Vegetable Roll

SIDES

- **Dry Roast Jacket Potato** Wedges
- **Baked Beans**
- **Assorted Individual Salads**
- **Baked Tortilla Chips**
- **Assorted Individual Salads**
- Rice
- Crusty Bread
- **Assorted Individual Salads**
- 💋 Garlic Bread
- **New Potatoes**
- **Assorted Individual Salads**
- Seasonal Vegetables
- Chips
- **Baked Beans**
- **Assorted Individual Salads**

OTHER **OPTIONS** **Assorted Jacket Potatoes Assorted Panini**

Assorted Sandwiches

Assorted Jacket Potatoes

Assorted Panini

Assorted Sandwiches

Assorted Jacket Potatoes

Assorted Panini

Assorted Sandwiches

Assorted Jacket Potatoes

Assorted Sandwiches

Assorted Panini

Assorted Jacket Potatoes

Assorted Panini

Assorted Sandwiches

DESSERTS

Rice Pudding

(// Freshly Prepared Fruit

Chocolate Cracknel

Fruit Jelly

Freshly Prepared Fruit

Ginger Sponge

Fruit Jelly

Freshly Prepared Fruit

Chocolate Buns

Freshly Prepared Fruit

Fruit Jelly

Freshly Prepared Fruit

Suitable for...





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